



## August 2009 Newsletter

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### Important Dates to Remember!

- ☐ 8-7-09 Kinder-Camp Ends
- ☐ 8-11-09 School Readiness Partners Sustainability Training
- ☐ 8-13-2009 Advisory Committee Meeting
- ☐ 8-15-2009 Pool Party at Marysville High School Pool
- ☐ 8-27-2009 Commission Meeting
- ☐ 8-7,14,21,28-2009 Farmers Market  
Come Join us at our booth to pass out flyers and toothbrushes.



### Announcements

- For a list of First Five Yuba Partners' Contact List please [CLICK HERE](#)
- Recently approved by the First Five Yuba Commission was the 2009-2011 First Five Yuba Strategic Plan, for a copy please [CLICK HERE](#)
- Congratulations to the following projects who recently were awarded funds through the First Five Yuba Commission:
  - Miles of Smiles
  - Maternal, Child and Adolescent Health Program
- First Five Yuba will be holding a School Readiness Partners Sustainability Training on **August 11, 2009** from 9AM-4PM in the Beckworth Room Side B at the One Stop Center. Community Members interested in attending can contact Karen Ewing at 530-749-4961.
- As a follow-up to First Five Yuba's recent Partner Meeting, a KVIE Ready to Learn workshop Train the Trainer session has been scheduled for Aug. 27<sup>th</sup>, 8:30-1PM, lunch provided, to be held here at the One Stop, Worker's Comp Room.

This session is for anyone who is interested in hosting a workshop OR is interested in presenting any of the Ready to Learn workshops to their own families/providers. Each site must send at least one person in order to host or present the workshops. The person who attends can or cannot be an experienced trainer. Anyone program who provides training or is interested in providing training to families is invited to attend. This will be the only session provided this fiscal year.

The benefits of hosting a workshop; you coordinate everything-time/date/place/guests and coordinate with someone else who comes in with all the materials and presents the topic to your folks. Only 4 of these will be available to the county.

The benefits of presenting a workshop; you present so folks see a familiar face, coordinate everything based on your schedule, and KVIE sends you all the applicable handouts and activity materials.

Also KVIE occasionally receives a grant wherein they need to contract with a trainer...if you attend the train the trainer session you could be added to their resource list.

- Please RSVP for the Aug. 27<sup>th</sup> 8:30-1PM session to Jenny Sharkey, [jsharkey@co.yuba.ca.us](mailto:jsharkey@co.yuba.ca.us).



## Why is it important?

Having health insurance increases the likelihood that children remain healthy by providing early identification and treatment of health problems. Children who do not have health insurance are less likely to have a regular source of medical care and, as a result, are less likely to receive routine preventive and specialist care. The uninsured are more likely to be treated by an emergency room physician rather than their regular doctor and, by the time they seek care, the problem is often more serious and more expensive to treat.

## Community Announcements and Events

- Yuba-Sutter Transit completes another record setting year. For more information please [CLICK HERE](#) to view their August 2009 Newsletter.
- K.I.S.S. Kids in Safety Seats-For a 6 month schedule (July-December) of car seat classes please click on a language for more information [ENGLISH](#), [SPANISH](#), or [HMONG](#).
- Need help getting the medicines your doctor prescribes? If you are uninsured and financially struggling, you may qualify for programs that provide free or nearly free prescription medicines. Visit the mobile van on **Wednesday, August 5, 2009** at the Sutter County Human Services 1425 Veterans Memorial Circle in Yuba City. For qualifications please [CLICK HERE](#) for English or [CLICK HERE](#) for Spanish.
- Fremont-Rideout is providing a few events in the month of August please [CLICK HERE](#) for more information.
- Please join the Yuba County Office of Education-Family Resource Center for a FREE Videoconference titled : “Communication and Behavior Management” on **August 18, 2009** from 10AM-12PM [CLICK HERE](#) for more information.
- Get your child ready for school with immunizations provided by Yuba County Health & Human Services Public Health Division open Monday-Friday 8AM to 4:30PM and every Wednesday from 8AM to 5:30PM. [CLICK HERE](#) for more information. In addition Yuba County Public Health provides various activities for children, please [CLICK HERE](#) for more information.



## Partner Announcements and Information

- **ABC Family Resource Centers and the First Five Yuba AmeriCorps Program August Calendar**-[CLICK HERE](#) for events.
- **ABC Family Resource Center-Back to School Family Game Night**-Enjoy a safe evening full of family fun at the ABC Family Resource Center on **Friday, August 7, 2009** from 5:30PM-8:00PM at the Olivehurst FRC 4850 Olivehurst Avenue. For more information please [CLICK HERE](#).
- **ABC Family Resource Center** is proudly hosting a school supply drive for those within Yuba County. Donation deadline will be **August 7, 2009**. Please [CLICK HERE](#) for more information.
- **The Olivehurst Family Resource Center** presents Reading Time on **August 18, 2009** beginning at 1:30PM at 4850 Olivehurst Avenue. For more information please [CLICK HERE](#).
- **Healthy Babies-Healthy Parents playgroups**; FREE for all parents and their children 3 and under in Yuba County funded by First Five Yuba. Let your little one play while we discuss concerns, share ideas and receive up-to-date information around nutrition and physical fitness. Receive free nutritional resources that will help you in raising a healthy baby. [CLICK HERE](#) for Yuba County Library schedule.
- **Yuba County Library Current Events**-For a list of Summer Events please [CLICK HERE](#) for a list of Story Time & Activities please [CLICK HERE](#).
- **Yuba County Family Resource Network** is a collaboration of five Yuba County Family Resource Centers located throughout the county. For a list of the resource centers please visit: [www.frcnetwork.net](http://www.frcnetwork.net).
- **1,2,3, Grow**-It is hard to believe that summer is already winding down and that school will be starting in just a few weeks! 1, 2, 3, Grow will also be resuming, a week later than the school start up date of August 19<sup>th</sup>, in order to give the elementary a chance to settle in before we get going again.

This year, we plan to be open three mornings a week - Tuesdays, Wednesdays and Thursdays from 8:30-11:30 AM. Susan DeLisle will teach the pre-K class for those children entering kindergarten in the fall of 2010 in the Library Annex. This group will focus on school readiness through fun learning activities. Barbara Mueller-Hogan will teach the younger children in the 1, 2, 3 Grow classroom, where learning will happen in a less formal atmosphere. Parents need to stay on the school grounds during the program hours, and will be asked to take turns serving as teacher aides throughout the school year when attendance goes higher than the ratio of one teacher to four children in either class, as well as assist with snack preparation, clean-up, and ongoing fundraising efforts.

- **Yuba County Recreation Presents:**

**SUMMER FUN IN THE SUN**  
**FREE TO THE COMMUNITY!!**

August 15<sup>TH</sup>-Pool Party

Splish splash at Marysville High School Pool for a community gathering from 12:30-3pm. Free admission to the pool. Families with children 0-3 years of age receive a free book while supplies last. Free mouth watering food provided by Marysville Kiwanis Club and Yuba Sutter Disposal Inc.! [CLICK HERE](#) for flyer.

September 26th –Grand Opening of Yuba County’s POW-MIA Spray Park

5-7:00pm celebrate the grand opening of Yuba County’s latest addition, POW-MIA Spray Park! Enjoy the tunes of children’s favorite Obie Leff. Sutter North Medical Foundation “Power Kids” will be at the event. FREE family activities. Snow cones will be provided courtesy of Yuba County Board of Supervisors.

## Trainings/Conferences

- Save-the-Date: First 5 California Promising Practices Symposium, **November 3-4** The First 5 Promising Practices Symposium will feature presentations and discussions about leadership and diversity in the early learning field.

The keynote speaker will be Dr. Jerlean Daniel, Deputy Executive Director of NAEYC. This two-day conference will be held at the Citizen's Hotel in Sacramento. Registration will be available in August.

For questions, contact the Child Development Training Consortium: 1-209-572-6080

- You are cordially invited to join a regional multi-agency summit on **Thursday, August 6, 2009** from 8:30 a.m.-3:30 p.m. Topic: Challenging Behaviors in Challenging Time (How we can best serve children through regional multi-agency collaboration) [CLICK HERE](#) for more information.

## Resources and Research

- Preparing for the First Day of School, how to ease your child's first day of school. Please [CLICK HERE](#) for more information. [CLICK HERE](#) for key tips to help prepare your child for the first day of preschool or kindergarten.
- The Early Childhood Today website developmental charts as a resource for parents and those who work with or provide activities for children 0-5 years of age and families. [http://teacher.scholastic.com/products/ect/behavior\\_development/dev\\_charts.htm](http://teacher.scholastic.com/products/ect/behavior_development/dev_charts.htm)
- With simple, lifesaving tips on how to set up and maintain a safe crib, we hope this poster is a valuable resource for expecting and new parents in your community to use in setting up their nursery. Please download the English version ([www.cpsc.gov/nsn/safesleep.pdf](http://www.cpsc.gov/nsn/safesleep.pdf)) or the Spanish version ([www.cpsc.gov/nsn/safesleepsp.pdf](http://www.cpsc.gov/nsn/safesleepsp.pdf)).
- To learn more about *Keeping Babies Safe*, log on to: [www.keepingbabiesafe.org](http://www.keepingbabiesafe.org). To check out CPSC's new Crib Information Center, log on to: [www.cpsc.gov/cribs.html](http://www.cpsc.gov/cribs.html)."
- The USAA Educational Foundation is to help consumers make informed decisions by providing information on financial management, safety concerns, and significant life events. For no cost publication and downloads please visit: <https://www.usaaedfoundation.org/default.asp>
- A few words about People First Language [CLICK HERE](#) for short version or [CLICK HERE](#) for full version.
- Nutrition + Physical Activity Resource for Ages 0-5 & Their Families [CLICK HERE](#) for more information.
- Early Childhood Inclusion (A joint position statement of the Division for Early Childhood (DEC) and the National Association for the Education of Young Children (NAEYC) [CLICK HERE](#) for more information.