



Smile Savers Quiz

It may be easy to dismiss dental care for young children as unnecessary. After all, they're only baby teeth, right? *Not so fast!* Taking good care of your child's baby teeth is just as important.

In recognition of February as National Children's Dental Health Month, here's a chance to see how much you know about caring for your child's teeth.

1. When should you first take your child to the dentist?

- a. When your child complains about pain in the mouth
- b. When your child's first tooth comes in

2. When should you start brushing your child's teeth?

- a. When your child's FIRST tooth comes in
- b. When ALL your child's teeth are in

3. When should your child start using fluoride toothpaste?

- a. Right away, as teeth don't get clean without toothpaste
- b. Around 2 or 3 years old, with parental supervision

For more information about First 5 Yuba programs, please call (530) 749-4877 or visit www.first5yuba.org.

