

# Watch Me Grow!

It's exciting to watch young kids learn new things every day. Look for these common developmental milestones at each age – and talk to your doctor about getting your child screened if you notice delays in his or her development.

## Birth to 3 months:

- ◆ Smiles, coos and gurgles
- ◆ Follows movement with eyes

## 3 to 6 months:

- ◆ Rolls from side to side
- ◆ Begins to sit without support and stand with support

## 6 to 9 months:

- ◆ Responds to his or her name
- ◆ Says first words like “mama” and “dada”

## 9 to 12 months:

- ◆ Plays games like peek-a-boo
- ◆ Can feed self by using fingers

## 12 to 18 months:

- ◆ Walks and may start climbing
- ◆ Follows simple directions

## 18 to 24 months:

- ◆ Listens to simple stories and songs
- ◆ Feeds him or herself using a spoon and cup

## 2 to 3 years:

- ◆ Likes to play with other kids
- ◆ Speaks many words that can be understood

## 4 to 5 years:

- ◆ Can say first and last name
- ◆ Counts on his or her fingers



For more complete details on healthy child development, call First 5 Yuba at (530) 749-4877 or visit [www.first5yuba.org](http://www.first5yuba.org) and [www.first5california.com/parents](http://www.first5california.com/parents).

