

Summer Safety Tips

Keep kids safe while having fun!

Supervise children in and around water.

Use umbrellas and shady trees to help protect kids from the sun's harmful rays.

Make sure to keep kids away from bugs that can bite or sting by using insect repellent.

Monitor playground equipment like swings and slides to ensure they aren't too hot to play on.

Encourage your child to drink lots of water to stay hydrated while playing.

Remember to apply sunscreen on kids and reapply often!

For more information about First 5 Yuba, call (530) 749-4877 or visit www.first5yuba.org.

