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### Important Dates to Remember!

- May 3rd-Mini Grant Applications Due!
- May 12th-Medical Dental Task Force Meeting 12PM-1PM
- May 13th-Advisory Committee Meeting 12PM-2PM
- May 19th-School Readiness Partners' meeting
- May 27th-Commission Meeting 3:30PM-5:30PM
- May 31st-Memorial Day FFY office closed



May 2010

## Announcements

- The First Five Yuba Commission is looking for a long-term mutually beneficial independent contract relationship with a qualified auditor to assist the commission in its efforts to achieve sustainable outcomes on behalf of children 0-5 and their families in Yuba County. For qualifications, please [CLICK HERE](#).
- Congratulations to the following organizations who were awarded funds to implement projects for children 0-5 in Yuba County:
  - Yuba County Office of Education-Prevention Program, Plumas Lake Child Development Center and Family Resource Center
  - Camptonville Community Partnership
  - Yuba County Public Works
  - Harmony Health Family Resource Center
  - The Salvation Army Depot
  - First Steps Perinatal Day Treatment Program-Sutter County Mental Health
  - "Twin Cities" Association for the Education of Young Children (TCAEYC)
- The First Five Yuba Commission currently has a Commissioner vacancy. If interested please print out all the below documents. If there are any questions please contact the Executive Director at 530-749-4876. [Notice of Vacancy](#)—[Letter to Interested Applicant](#)—[Application](#).

## Community Events

- Cinco de Mayo Celebration**— A celebration of Hispanic/Latino culture in the Sacramento-North Valley Area. This event is held on May 2, 2010 from 12PM-8PM at the Yuba-Sutter Fairgrounds in Yuba City. [CLICK HERE](#) for more information.
- FREED**— Second Annual Art Show held May 7, 2010 from 5PM-8PM in Marysville, CA. For more information, please [CLICK HERE](#).
- Drug Awareness Workshop**-Learn how to recognize the signs of early experimentation and drug-use by children and teens. Held Tuesday, May 11, 2010 from 5PM-6PM at the Sutter County Superintendent of Schools in Yuba City. [CLICK HERE](#) for more information.
- Drugs, Gangs, and Solution**-Community drug awareness event held May 20, 2010 from 6PM-9PM at the Ally Scoot Youth & Community Center in Marysville. [CLICK HERE](#) for more information.
- Yuba Health & Wellness Committee**-Create Local Economy that Supports a Healthy Economy. Held May 26, 2010 from 3PM-5PM at the Government Center, Conference Room 2. [CLICK HERE](#) for more information.
- On Line Silent Auction**-held May 27th. All proceeds will benefit the youth and families of Children's System of Care. [CLICK HERE](#) for more information.

## Community Announcements

- **Summer Manufacturing Camp 2010-** Introducing young people to career possibilities, held July 26th - 30th from 8:30AM-1:30PM. [CLICK HERE](#) for more information.

## Calendar Theme of the Month

### Quality Child Care

Children who attend quality child care/preschool programs are better prepared for school. It is important to consider what child care option best suits your child:

- Visit several child care/preschool programs or family child care homes before you decide which is best for your child
- Call ahead and ask if the program is enrolling or if they have a waiting list
- While at the visit, ask:
  - Is the child care program licensed?
  - Has the provider/teacher taken classes or workshops in child development?
  - What is the daily schedule of the program?
- After the visit, review:
  - Were the children treated with warmth and respect?
  - Were the surroundings safe and clean?
  - Did the provider/teacher read and sing with the children?
  - Did the provider/teacher talk and play with the children?
- If a family member, friend or neighbor will be caring for your child, have they passed a background check?

***Your child experiences security, consistency, and connections between home and out-of-home care programs and learning activities.***

*“Based on the 40 Developmental Assets which are positive factors within young people, families, communities, schools and other settings that research has found to improve and promote the healthy development of young people.”*

E Center has provided comprehensive Head Start child development services to Yuba County children ages 0-5 since 1988. Thanks in part to the financial support of First Five Yuba, our newest Yuba County child care site on the corner of Ramirez and 24th Streets in Marysville, is an example of the high value our community places on young children and their parents. Since August 2007, the new facility, which includes age-appropriate playgrounds, four classrooms, a kitchen, and office space, has served over 100 children and their parents on a yearly basis. Call 741-2995 for more information.

## Newsletters from other organizations

- [Sutter-Yuba Mental Health](#)
- [Yuba-Sutter Transit](#)
- [Healthy Family Home](#)

## Websites from other organizations

- [Sutter-Yuba Mental Health](#)
- [www.childhealthonline.org](http://www.childhealthonline.org)

## Resources and Research

- Women with dental problems can pass bacteria to their newborns, experts say. -[CLICK HERE](#) to view full report.
- Early Learning sets the Foundation for a Lifetime-Parental involvement in early learning benefits kids and teacher. For more information, [CLICK HERE](#) for English or [CLICK HERE](#) for Spanish.
- Celebrate your Teacher!-Early learning teachers and providers play an important role in helping provide children with a love of learning and the building blocks for success [CLICK HERE](#) for English or [CLICK HERE](#) for Spanish to print out a certificate to honor your teacher.
- Reading Right from the Start-What parents can do in the First Five Years. [CLICK HERE](#) for more information.
- Reading Tips-Help a child learn to read and be ready for school. [CLICK HERE](#) for more information.
- A child becomes a reader-Proven ideas from research for parents. [CLICK HERE](#) for more information.
- Feed Me a Story! [CLICK HERE](#) for more information on the importance of reading to your child.
- How to prepare your toddler for reading. Click here [http://blog.oregonlive.com/themombeat/2010/03/how\\_to\\_prepare\\_your\\_toddler\\_for\\_reading.html](http://blog.oregonlive.com/themombeat/2010/03/how_to_prepare_your_toddler_for_reading.html) for more information.
- Are you looking for ways to teach parents and families about important health and safety topics? If so, then HIP (Health Information for Parents) and More Hip on Health is for you! Click here <http://www.childhealthonline.org/parents.html> for information on these inexpensive and reproducible materials.
- Stress management for teachers, child caregivers, and volunteers is an important issue. Too much stress not only can affect your health, but also the quality of care you provide to children. Help teachers recognize specific stressors in their jobs, share ideas on ways to minimize stressors, and explore stress management techniques. Warning--you must have a sense of humor to provide this training! From our Stress Management Training Module <http://www.childhealthonline.org/strain.html>.
- The Head Start Body Start National Center for Physical Development and Outdoor Play (HSBS) has selected our training modules and HIP on Health for inclusion in their Online Resource Guide. The resource guide will be posted this spring and can be found at: [www.headstartbodystart.org](http://www.headstartbodystart.org).
- Development of mental health begins the moment we are born. As infants, toddlers, and preschoolers grow, they respond to people, relationships, and day-to-day interactions. A consistent nurturing and supportive environment is the foundation of mental health throughout life. Help teachers and families understand how they can nurture and promote mental health in young children every day. From our Promoting Mental Health Training Module: <http://www.childhealthonline.org/strain.html>.
- Sample form for Early Care and Education Programs. Follow the website link below for free posters for your organization <http://www.childhealthonline.org/downloadform.html>.
- Infant and Toddler Development presented in Auburn-[CLICK HERE](#) for more information.
- Federal Healthcare Reform-[CLICK HERE](#) for more information.
- For resources about autism in English and Spanish click on the below link [http://www.colorincolorado.org/web\\_resources/by\\_topic/autism](http://www.colorincolorado.org/web_resources/by_topic/autism).
- [CLICK HERE](#) for a list of fun and educational outdoor play.

## Trainings and Conferences

- Confronting Maternal Depression, Supporting Mother's Recovery, and Sustaining the Child's Healthy Development held May 21, 210. Registration is from 8:00AM-8:30AM and Training Session is from 8:30AM-4:30PM in Sacramento. [CLICK HERE](#) for further details.

## Partner Announcements and Information

**Yuba County Child Development Behavioral Specialist– “*Discipline and Development Finding a Balance*” SPANISH** workshop will be held on May 20th from 6:30PM-8:30PM at Children’s Home Society of California in Yuba City, CA.

### Yuba County Recreation Program presents:

Please [CLICK](#) on a class/activity for more information.

- Parent & Me Hit the Tee Spring Training for Parent’s and Lil’ Sluggers-[CLICK HERE](#) for more information.
- Dance Classes-[CLICK HERE](#) for schedule.
- Kid-Fit-Physical Education Classes for Preschoolers-[CLICK HERE](#) for schedule.

### Yuba County H&HSD-MCAH Project presents:

- Whistle Walkers held at Ella School-Click on a language for more information. [English-Spanish-Hmong](#)
- Whistle Walkers held at Cedar Lane School-Click on a language for more . [English-Spanish-Hmong](#) information.

**School Readiness Outreach Liaisons–** Please [CLICK HERE](#) to view calendars of meetings and workshops that are open to all families with children 0-5 in the three school communities of Ella, Linda and Cedar Lane Elementary.

A meeting has been scheduled for **Wednesday, May 19<sup>th</sup> from 11:30AM to 1:30PM** in the Marysville Joint Unified School District Office Board Room, 1919 B Street, Marysville. We will be focusing on our upcoming KinderCamp session as well as analyzing some proposed new evaluation tools to be used for our next three-year cycle of funding. As in the past, lunch will be provided. Please **RSVP by Monday, May 17<sup>th</sup>** to ensure enough food is ordered for all attendees to Karen Ewing at [kewing@co.yuba.ca.us](mailto:kewing@co.yuba.ca.us) or at 530-749-4961.

**Harmony Health Family Resource Center-Please [CLICK HERE](#)** to view calendar of events.

**Yuba County Children’s Dental Van-**The dental van will be moving to Cedar Lane School on May 3, 2010. For more information please contact Erin Mackey at 530-682-7408.

**Wheatland/Beale Community Fair Project:** The 9th Annual Wheatland/Beal Community Fair showcases life in the military and life in a rural country town. It will be held Saturday, May 8th from 9AM-3PM in Wheatland, CA. For more information please click on the below flyer:

[Community Fair Flyer](#)

**ABC Family Resource Center Ameri-Corps project Presents-Family Movie Night** on May 7th from 5PM-7PM at the Cedar Lane Family Resource Center [CLICK HERE](#) for more information. **Family Reading Time** held May 28th from 3PM-5PM in Olivehurst. [CLICK HERE](#) for more information. [CLICK HERE](#) for a calendar of events.

## Partner Dates to Remember

- May 5, 2010 at 8:30AM-9:30AM-**Whistle Walkers** held at Ella School in Olivehurst
- May 7, 2010 at 5PM-7PM-**Family Movie Night** held at the Cedar Lane Family Resource Center in Olivehurst
- May 6, 2010 at 8:30AM-9:30AM-**Whistle Walkers** held at Cedar Lane School in Marysville
- May 8, 2010 at 9AM-3PM-**Wheatland/Beale Community Fair** held at Bear River School in Wheatland
- May 12, 2010 at 8:30AM-9:30AM-**Whistle Walkers** held at Ella School in Olivehurst
- May 13, 2010 at 8:30AM-9:30AM-**Whistle Walkers** held at Cedar Lane School in Marysville
- May 19, 2010 at 8:30AM-9:30AM-**Whistle Walkers** held at Ella School in Olivehurst
- May 20, 2010 at 8:30AM-9:30AM-**Whistle Walkers** held at Cedar Lane School in Marysville
- May 20, 2010 at 6:30PM-8:30PM-**Discipline and Development Finding a Balance in Spanish** held at Children’s Home Society of California in Yuba City
- May 26, 2010 at 8:30AM-9:30AM-**Whistle Walkers** held at Ella School in Olivehurst
- May 27, 2010 at 8:30AM-9:30AM-**Whistle Walkers** held at Cedar Lane School in Marysville
- May 28, 2010 at 3PM-5PM-**Family Reading Time** held at Ella FRC in Olivehurst