



YUBA COUNTY RECREATION PRESENTS:

FUN KID-FIT®
Physical Education Classes For Preschoolers
AGES 2-5 YEARS OF AGE

2010 Sessions:

Jan. 4-Feb. 12.....Heart

Learning Goals: What a heart is, what it does, why we need it, how to take care of it

Feb. 15-March 26.....Skin

Learning Goals: Multiculturalism, sun safety, water safety, dog safety, fire safety, 9-1-1

March 29-May 7.....Brain

Learning Goals: What the brain is, what it does, feelings, thoughts, imagination

May 10-June 18.....Body Parts

Learning Goals: Identify major body parts, good touches/bad touches, abduction prevention

June 21-July 30.....Muscles

Learning Goals: What fat and muscle are, why we need muscles, how to keep them strong

Aug. 1-Sept. 1.....Eyes and Ears

Learning Goals: Looking, listening, seat belts safety, traffic safety, sunglasses

REGISTRATION:

Yuba County Government Ctr, 915 8th St, Ste 123, Marysville

PHONE: (530) 749-5670

- \$20.00 per 6 week session
2-3 yrs @ 3:15pm & 3-5 yrs @ 3:45pm Thursdays
at Pro Fitness-424 D Street, Marysville

